

MOUTH HEALTH MATTERS!

== exploring oral - systemic health ==

ORAL BIOFILM

1/2

Nearly half of American adults have periodontitis, the most severe form of periodontal disease.¹

Particularly contagious pathogens play a role in the progression of:



Heart attacks



Colorectal cancer



Alzheimer's disease



Diabetes



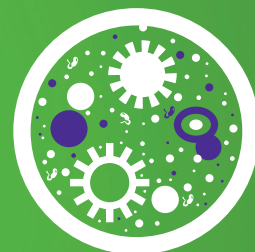
Respiratory disease



Adverse pregnancy outcomes²



Psychological stress
increases oral
biofilm growth.³



One cubic millimeter of
dental plaque contains about
100 million bacteria.⁴

Oral inflammation **caused by pathogens** induces a systemic increase in inflammatory markers.⁵



Oral bacteria can be transmitted by kissing.⁶



80% of American adults over 35 have some form of periodontal disease.⁷



700

**species of bacteria
can live in your mouth.**



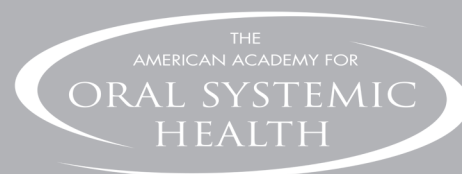
11

**11 pathogens linked to
oral & systemic disease.⁸**

SOURCES:

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